NEW ZEALAND NATIVE
SHAMANIC ESSENCES

“FLFENZ 112 This three day course includes an introduction to the 24 native shamanic essences. Discover the unique power and wisdom of the shaman's teacher plants of Aotearoa. Essences for the shaman and those walking the shamanic healing pathway. An overview of the 24 rites of passage of the shaman. Note: Healers and Shamanic courses must be done sequentially.

NEW ZEALAND NATIVE
FLOWER ESSENCES

STUDY OPTIONS:

1. Personal or Professional Interest. You can do any course/s in any order and study at your own pace

2. Certificate of New Zealand Native Flower Essence Therapy. FLFENZ 101-110 – enrol anytime and study at your own pace

3. Diploma of New Zealand Native Flower Essence Therapy. FLFENZ 101-112 - enrol anytime and study at your own pace.

All FLFENZ workshops and training courses were originated by Franchelle Ofsoské-Wyber and Anthony Wyber and are copyright.

“In nature nothing exists in isolation. Everything is connected to everything else in vital sacred living relationship with the spiritual forces of the land.”

Franchelle Ofsoské-Wyber

FREQUENTLY ASKED QUESTIONS

How are the courses available?
Most courses are available as in class and correspondence options.

Can I do the courses in any order?
Yes the courses are totally modular. You can do the courses in any order you like.

Can I do some classes by correspondence and some in-class?
Yes.

There are two days training for the Fern essences. Do Unit One and Unit Two have different information?
Yes. Unit One and Unit Two of the flower, fern, tree, seed and plant essence courses contain very different information.

I want to do all of the First Light courses and become a registered practitioner. Is there a time limit as to how long I have to complete the courses in?
You can do the courses in any time frame you choose.

If I miss a particular First Light class when will it be scheduled again?
Check the First Light training program online. The same class course may be scheduled more than once each year.

How do I pay for the courses?
You simply pay as you go. Numbers are limited for each class workshop and bookings are necessary. Your place in a class is reserved upon receipt of your payment by your tutor.

Do you run New Zealand native flower essence courses overseas or outside of Auckland?
Yes. Contact First Light Flower Essences of New Zealand for details.

If I have any further queries how can I contact First Light?
Directly by phone, fax or email.

First Light Flower Essences of New Zealand
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First Light Flower Essences of New Zealand®

Training Program

First Light Flower Essences of New Zealand® are the first range of essences in the world to develop and provide a fully integrated range of essences comprised of flower essences for the personality, fern essences for the individual layers of the aura, tree essences for the individual chakras, seed essences for DNA and plant essences that support the evolutionary journey of the soul. In addition powerful teacher plant essences that correspond to the 12 rites of passage of the shaman ensure First Light Flower Essences of New Zealand is at the cutting edge in flower essence research, development and training worldwide.

Comprehensive courses on these unique families of New Zealand native essences are an integral component of the First Light training program.

Work with First Light Flower Essences of New Zealand and discover the unique power of the sacred plant medicine of Aotearoa with an award winning company. In 2008 the New Zealand Health Industry awarded Franchelle Ofsoské-Wyber co-creator of First Light Flower Essences of New Zealand the Distinguished Service Award for Research and Development. The award was given in recognition of over 30 years’ research and for ‘pioneering, developing and establishing New Zealand native flower and plant essences to facilitate holistic healing.

In the comprehensive First Light training programme you will learn how to apply the ancient sacred holistic healing method of working with the pure energies of nature.

With the complete restoration of the ancient system of ethnomedicine based on the native plants of Aotearoa - The Land of the Ever Shining Light, you can choose from a number of training options.

The Certificate and Diploma courses offer the highest standards of training in New Zealand native flower essence therapy. All the courses are available in class or by correspondence. Most courses are modular and can be taken in any order, at your own pace.

Each course has been carefully designed to enable you to be confident in working with the essences when you complete the course.

FLFENZ 101 UNIT ONE: This one day course includes an introduction to the 36 native flower essences. The personality, its role and purpose. The anatomy of the personality. How to identify your ‘power flower’ - your personal keynote essence.

FLFENZ 102 UNIT TWO: This one day course includes the 12 zodiacal signs and the 12 primal urges. How to identify the pain, stress, depression cycle. The twelve departments of life and the twelve body zones. Consultant and client modules.

FLFENZ 103 UNIT ONE: This one day course includes an introduction to the seven native fern essences. The aura, its role and purpose. The anatomy of the aura. The energetic integrity of the aura. Aura maintenance and aura detoxification.

FLFENZ 104 UNIT TWO: This one day course includes information on the seven fundamental traumas and how they can be addressed with fern essences. Trauma, the grief cycle and working with fern essences for holistic wellbeing in the 21st century. Consultant and client modules.

FLFENZ 105 UNIT ONE: This one day course includes an introduction to the seven native tree essences. The chakras, their role and purpose. The anatomy of the chakras. The energetic integrity of the chakras. Chakra maintenance and chakra detoxification.

FLFENZ 106 UNIT TWO: This one day course includes information on how to work with tree essences for holistic wellbeing in the 21st century. Chakra impactionation. The sacred wisdom tradition teachings on trees and chakras. Addressing chakra imbalance. Consultant and client modules.

FLFENZ 107 UNIT ONE: This one day course includes an introduction to the 12 native seed essences. DNA, its role and purpose. The anatomy of DNA. The energetic integrity of DNA. DNA maintenance. Restoring the primordial light codes of power.

FLFENZ 108 UNIT TWO: This one day course includes information on hereditary, ancestral and past life healing. Working holistically with native seed essences in the 21st century. Clearing blocked energies from the past and the future. Accessing the wisdom of the ancestors. Consultant and client modules.

FLFENZ 109 UNIT ONE: This one day course includes an introduction to the 22 native plant essences. The remarkable power of native plants. Plant essence magic. How to establish your current year essence and life path essence.

FLFENZ 110 UNIT TWO: This one day course includes information on working holistically with plant essences in the 21st century. The tarot and plant essences. Universal healing energies and their role in restoring wellbeing. 22 Keys to soul growth and development. Consultant and client modules.

FLFENZ 111: This two day course includes an introduction to the 12 native healer’s essences. Discover the unique power and wisdom of the healer’s teacher plants of Aotearoa. Essences for the healer and those walking the healing pathway. Answers the age-old question of ‘who heals the healer?’.

* Healers and Shamanic Courses available at the Medicine Woman, Training, Annual Retreat and Gathering.